



ALLERGEN CHECK LIST



MENU ITEM	CEREALS	EGGS	MILK	NUTS	MUSTARD	SESAME SEEDS	SULPHUR DIOXIDE &SULPHITES
RELISH PANINI	✓		✓				
GOUJON PANINI	✓	✓	✓				
TIKKA PANINI	✓		✓				
PESTO PANINI	✓		✓	✓			
CAJUN WRAP	✓	✓	✓				
CHICKEN & BACON WRAP	✓	✓	✓				
FALAFEL WRAP	✓					✓	
CEASER SALAD	✓	✓			✓		
BLACK PUDDING SALAD	✓				✓		
BALLYMALOE TOASTIE	✓		✓		✓		
STUFFED TOASTIE	✓	✓	✓				
BLT TOASTIE	✓	✓	✓				



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HAWAIAN PIZZA	✓		✓				
PEPPERONI PIZZA	✓		✓				
CHICKEN PIZZA	✓		✓				
VEGITARIAN PIZZA	✓		✓				
MIGHTY MEATY PIZZA	✓		✓				
SANDCASTLE SPECIAL PIZZA	✓		✓				
FULL BREAKFAST	✓	✓					✓
MINI BREAKFAST	✓	✓					✓
BREAKFAST BAP	✓		✓				✓
ACAI BOWL	✓			✓			